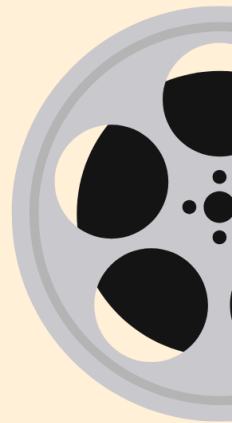




300 Phrasal Verbs from Popular American TV Shows

- FRIENDS (30 Phrasal Verbs)
- HOW I MET YOUR MOTHER (30 Phrasal Verbs)
- THE BIG BANG THEORY (30 Phrasal Verbs)
- THE OFFICE (30 Phrasal Verbs)
- MODERN FAMILY (30 Phrasal Verbs)
- BROOKLYN NINE-NINE (30 Phrasal Verbs)
- PARKS AND RECREATION (30 Phrasal Verbs)
- SEINFELD (30 Phrasal Verbs)
- THE GOOD PLACE (30 Phrasal Verbs)
- SUCCESSION (30 Phrasal Verbs)
- GREY'S ANATOMY (30 Phrasal Verbs)



F.R.I.E.N.D.S

Relationships & Dating

1. Hook up (Rachel/Ross scenarios)
2. Break up (Relationship endings)
3. Make up (Reconciliations)
4. Get back together (Ross/Rachel cycles)
5. Go out (Dating episodes)

Living Situations

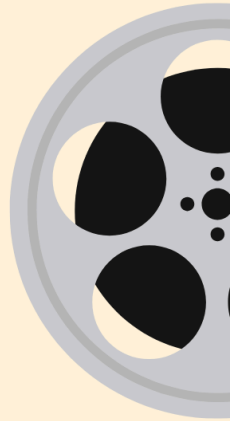
6. Move in (Apartment changes)
7. Move out (Living arrangements)
8. Clean up (Monica's cleaning habits)
9. Mess up (Joey/Chandler scenarios)
10. Fix up (Apartment maintenance)

Social Interactions

11. Hang out (Central Perk scenes)
12. Show up (Surprise visits)
13. Drop by (Casual visits)
14. Come over (Apartment gatherings)
15. Stop by (Quick visits)

Work Life

16. Give up (Career changes)
17. Start over (Job transitions)
18. Figure out (Problem solving)
19. Work out (Ross's solutions)
20. Set up (Phoebe's massages)



Entertainment

21. Check out (Joey's auditions)
22. Try out (Performance scenes)
23. Line up (Queue situations)
24. Put on (Performance prep)
25. Wind up (Episode conclusions)

Miscellaneous

26. Crack up (Funny moments)
27. Freak out (Dramatic reactions)
28. Sort out (Problem resolution)
29. Find out (Discoveries)
30. Turn out (Results)

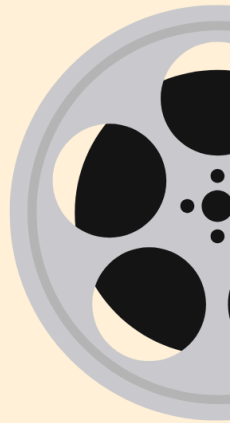
HOW I MET YOUR MOTHER

Bar Scenes

31. Suit up (Barney's catchphrase)
32. Drink up (MacLaren's scenes)
33. Show up (Bar meetings)
34. Meet up (Group gatherings)
35. Light up (Bar moments)

Dating

36. Pick up (Barney's techniques)
37. Ask out (Dating attempts)
38. Call off (Relationship ends)
39. Lead on (Dating mishaps)
40. End up (Story conclusions)



Friendship

41. Back up (Support scenes)
42. Hang out (Group activities)
43. Look out (Friend protection)
44. Stand by (Loyalty moments)
45. Get along (Group dynamics)

Storytelling

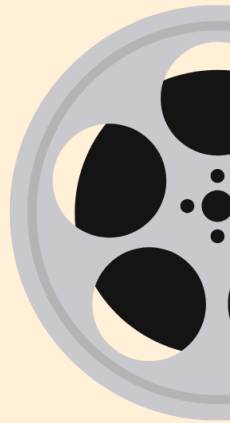
46. Come up with (Ted's stories)
47. Make up (Story fabrication)
48. Point out (Story corrections)
49. Bring up (Memory recalls)
50. Think back (Flashbacks)

Life Events

51. Move on (Character growth)
52. Grow up (Maturity moments)
53. Figure out (Life lessons)
54. Work out (Problem solving)
55. Turn around (Life changes)

Miscellaneous

56. Wait up (Group timing)
57. Give up (Surrender moments)
58. Set up (Plan execution)
59. Pull off (Successful plans)
60. Break down (Emotional moments)



THE BIG BANG THEORY

Scientific

61. Figure out (Experiments)
62. Work out (Calculations)
63. Break down (Explanations)
64. Set up (Lab equipment)
65. Write up (Research papers)

Social Interactions

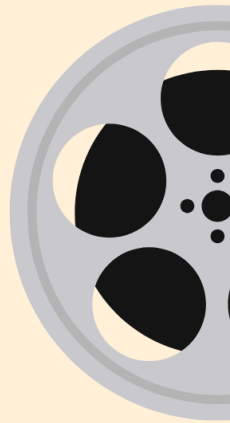
66. Geek out (Comic/gaming scenes)
67. Point out (Corrections)
68. Show off (Sheldon's behavior)
69. Stand up (Confrontations)
70. Put down (Insults)

Apartment Life

71. Clean up (Apartment rules)
72. Move in (Living changes)
73. Set up (Equipment installation)
74. Take apart (Engineering scenes)
75. Put together (Assembly scenes)

Relationships

76. Ask out (Dating attempts)
77. Break up (Relationship ends)
78. Make up (Reconciliations)
79. Work out (Relationship issues)
80. Get along (Friendship dynamics)



Work Life

81. Write down (Note-taking)
82. Look up (Research)
83. Print out (Documents)
84. Hand in (Submissions)
85. Sign off (Approvals)

Gaming/Comics

86. Level up (Gaming scenes)
87. Power up (Game strategies)
88. Team up (Group gaming)
89. Trade in (Comic exchanges)
90. Buy out (Collection purchases)

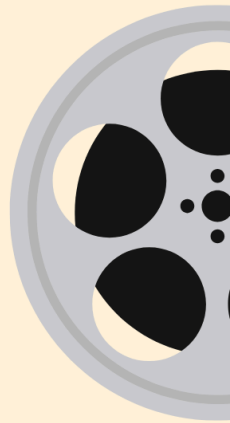
THE OFFICE

Office Politics

91. Set up (Pranks)
92. Take over (Position changes)
93. Step down (Resignations)
94. Move up (Promotions)
95. Get ahead (Career advancement)

Work Tasks

96. Fill out (Paperwork)
97. Hand in (Submissions)
98. Look over (Reviews)
99. Sign off (Approvals)
100. Pass around (Office circulation)



Meetings

101. Bring up (Discussion points)
102. Point out (Observations)
103. Sum up (Conclusions)
104. Write down (Minutes)
105. Follow up (Action items)

Office Relationships

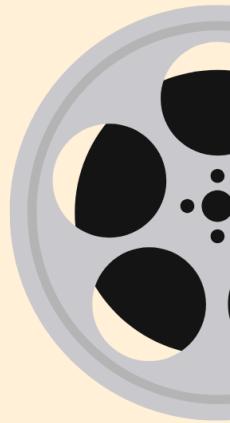
106. Get along (Coworker relations)
107. Fall out (Disagreements)
108. Make up (Reconciliations)
109. Hook up (Office romance)
110. Break up (Relationship ends)

Daily Operations

111. Check in (Arrivals)
112. Clock out (Departures)
113. Print out (Documents)
114. Back up (Data storage)
115. Set up (Equipment)

Sales

116. Close out (Deals)
117. Follow through (Sales process)
118. Build up (Client relations)
119. Reach out (Client contact)
120. Wind up (Deal completion)



BROOKLYN NINE-NINE

Police Work

- 121. Track down (Investigations)
- 122. Lock up (Arrests)
- 123. Look into (Cases)
- 124. Follow up (Leads)
- 125. Stake out (Surveillance)

Precinct Life

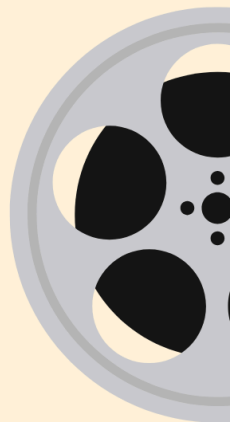
- 126. Show up (Arriving at work)
- 127. Write up (Reports)
- 128. Clean up (Crime scenes)
- 129. Back up (Partner support)
- 130. Sign off (Case closure)

Team Dynamics

- 131. Team up (Partnerships)
- 132. Stand up (Defending colleagues)
- 133. Pull through (Supporting team)
- 134. Get along (Squad relationships)
- 135. Break up (Fight intervention)

Competition

- 136. Beat out (Competition wins)
- 137. Show off (Skills display)
- 138. Step up (Rising to challenge)
- 139. Give up (Surrendering)
- 140. Win over (Gaining respect)



Investigations

141. Figure out (Solving cases)
142. Break down (Case analysis)
143. Point out (Evidence noting)
144. Follow through (Case completion)
145. Sort out (Case resolution)

Personal Life

146. Hook up (Dating scenes)
147. Move in (Living situations)
148. Work out (Gym scenes)
149. Hang out (Shaw's Bar scenes)
150. Meet up (Social gatherings)

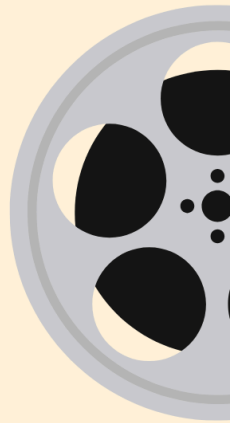
PARKS AND RECREATION

Government Work

151. Fill out (Forms)
152. Sign off (Approvals)
153. Set up (Events)
154. Clean up (Park maintenance)
155. Take over (Department control)

Leslie's Projects

156. Come up with (Ideas)
157. Put together (Plans)
158. Work out (Solutions)
159. Follow through (Project completion)
160. Pull off (Successful events)



Office Relationships

- 161. Team up (Collaborations)
- 162. Back up (Supporting colleagues)
- 163. Stand by (Loyalty)
- 164. Get along (Office harmony)
- 165. Look out (Friend protection)

Personal Growth

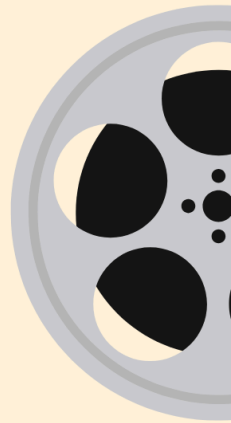
- 166. Move up (Career advancement)
- 167. Figure out (Personal development)
- 168. Grow into (Role adaptation)
- 169. Step up (Taking responsibility)
- 170. Branch out (New ventures)

Town Events

- 171. Set up (Event preparation)
- 172. Put on (Event execution)
- 173. Clean up (Post-event)
- 174. Show up (Attendance)
- 175. Wind up (Event conclusion)

Daily Operations

- 176. Check in (Work arrival)
- 177. Hand in (Submissions)
- 178. Look over (Document review)
- 179. Pass around (Information sharing)
- 180. Write up (Reports)



SEINFELD

Daily Life

181. Pick up (Various errands)
182. Drop off (Deliveries)
183. Stop by (Quick visits)
184. Clean up (Apartment maintenance)
185. Mess up (Daily mishaps)

Social Situations

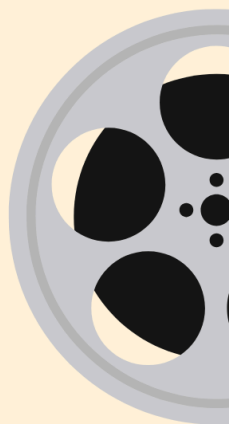
186. Show up (Unexpected arrivals)
187. Stand up (Date situations)
188. Break up (Relationships)
189. Make up (Reconciliations)
190. Get along (Friend dynamics)

Problems

191. Figure out (Problem solving)
192. Work out (Solutions)
193. Sort out (Complications)
194. Give up (Surrendering)
195. Deal with (Handling situations)

Work Life

196. Call in (Sick days)
197. Show up (Work attendance)
198. Get ahead (Career moves)
199. Move up (Promotions)
200. Start over (Job changes)



City Living

- 201. Run into (Chance meetings)
- 202. Get around (City navigation)
- 203. Look for (Apartment hunting)
- 204. Move out (Living changes)
- 205. Set up (Apartment arrangement)

Relationships

- 206. Ask out (Dating attempts)
- 207. Break off (Relationship ends)
- 208. Get back (Reconciliations)
- 209. Work out (Relationship issues)
- 210. Move on (Post-breakup)

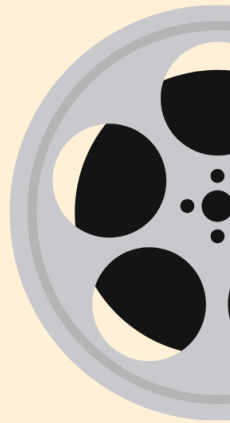
THE GOOD PLACE

Afterlife Operations

- 211. Figure out (System understanding)
- 212. Set up (Neighborhood creation)
- 213. Work out (Solutions)
- 214. Break down (Explanations)
- 215. Sort out (Problems)

Character Development

- 216. Turn into (Personal change)
- 217. Grow up (Maturity)
- 218. Open up (Emotional sharing)
- 219. Work through (Issues)
- 220. Break through (Realizations)



Relationships

- 221. Get along (Group dynamics)
- 222. Team up (Collaborations)
- 223. Help out (Support)
- 224. Stand by (Loyalty)
- 225. Look after (Care)

Learning Ethics

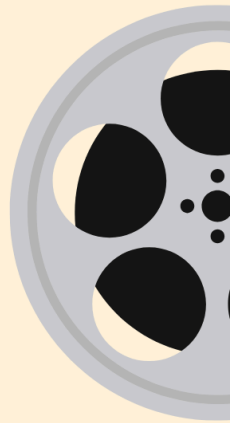
- 226. Point out (Moral lessons)
- 227. Think through (Ethical decisions)
- 228. Work out (Moral problems)
- 229. Figure out (Philosophy)
- 230. Break down (Concept explanation)

Plot Development

- 231. Find out (Discoveries)
- 232. Turn out (Results)
- 233. Come up with (Plans)
- 234. Pull off (Successful plans)
- 235. Wind up (Conclusions)

System Operations

- 236. Log in (Afterlife entry)
- 237. Check out (Neighborhood inspection)
- 238. Set up (System configuration)
- 239. Break down (System malfunction)
- 240. Start over (Reboots)



SUCCESSION (30 Phrasal Verbs)

Business Operations

- 241. Take over (Company control)
- 242. Buy out (Acquisitions)
- 243. Sell off (Asset disposal)
- 244. Sign off (Approvals)
- 245. Close down (Operations end)

Power Dynamics

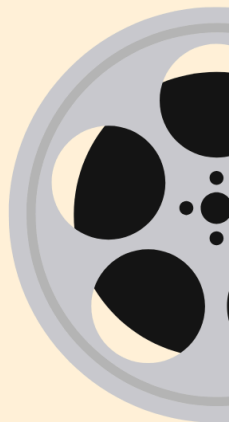
- 246. Move up (Corporate ladder)
- 247. Push out (Forced exits)
- 248. Back down (Surrendering power)
- 249. Stand up to (Confrontations)
- 250. Get ahead (Career advancement)

Family Relations

- 251. Fall out (Family conflicts)
- 252. Make up (Reconciliations)
- 253. Team up (Alliances)
- 254. Turn against (Betrayals)
- 255. Stand by (Family loyalty)

Corporate Strategy

- 256. Figure out (Strategic planning)
- 257. Work out (Deal negotiations)
- 258. Come up with (Business solutions)
- 259. Pull off (Successful deals)
- 260. Set up (Business arrangements)



Media Relations

- 261. Put out (Press releases)
- 262. Cover up (Scandals)
- 263. Bring up (Media issues)
- 264. Shut down (Story suppression)
- 265. Clean up (PR disasters)

Personal Development

- 266. Build up (Reputation)
- 267. Break down (Emotional moments)
- 268. Act out (Rebellious behavior)
- 269. Show off (Power displays)
- 270. Give in (Surrendering)

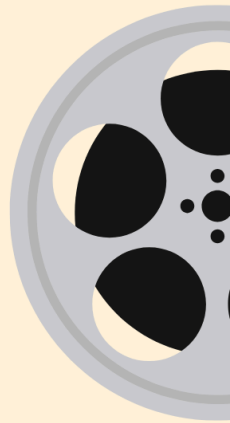
GREY'S ANATOMY

Medical Procedures

- 271. Scrub up (Surgery prep)
- 272. Check up on (Patient monitoring)
- 273. Write up (Medical charts)
- 274. Follow up (Patient care)
- 275. Sign off (Medical clearance)

Hospital Life

- 276. Round up (Patient rounds)
- 277. Show up (Work arrival)
- 278. Step up (Taking responsibility)
- 279. Back up (Medical support)
- 280. Stay over (Long shifts)



Relationships

- 281. Hook up (Hospital romance)
- 282. Break up (Relationship ends)
- 283. Make up (Reconciliations)
- 284. Get along (Staff relations)
- 285. Move on (Post-breakup)

Career Development

- 286. Move up (Career advancement)
- 287. Stand out (Performance excellence)
- 288. Take over (Leadership roles)
- 289. Figure out (Medical mysteries)
- 290. Work out (Solutions)

Emergency Situations

- 291. Rush in (Emergency response)
- 292. Help out (Crisis assistance)
- 293. Pull through (Patient recovery)
- 294. Give up (Lost cases)
- 295. Break down (Emotional moments)

Teaching Moments

- 296. Point out (Instructions)
- 297. Break down (Explanations)
- 298. Set up (Training scenarios)
- 299. Work through (Learning processes)
- 300. Pick up (Skill acquisition)

